

BasecaMMp: An observational retrospective Analysis of treatment patterns and Effectiveness of standard of Care for Multiple Myeloma patients exposed to lenalidomide and a Proteasome inhibitor

Objectives

This analysis explored real-world characteristics and clinical outcomes of patients with RRMM with 1-3 prior lines of therapy (LOTs) and previously treated with LEN and a PI from a large dataset in Germany

Conclusions

- This study supports the findings from prior research on the outcomes of LEN-refractory patients (Yong et al, 2025⁴), whilst focusing on real-world patients as opposed to those treated in a clinical trial setting
- There is no clear standard of care for patients post-LEN and a PI
- The median PFS was approximately 1 year, underscoring the poor outcomes and the unmet need for more effective therapies in this patient population. It should also be noted that there is a risk that PFS in the TM MM dataset is overestimated due to the missing progression data
- Further research is needed to optimize treatment strategies for this patient population as there is no clear standard of care for patients with RRMM post-LEN and a PI with the most used regimen only being prescribed to <20% of patients



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References: 1. Joseph NS, et al. Blood Cancer J. 2024;14:159. 2. Dimopoulos MA, et al. Nat Rev Clin Oncol 2025;22:680-700. 3. Therapy Monitor Multiple Myeloma German database. 4. Yong K, et al. Eur J Cancer 2025;215:115157.

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Background

- Most patients with relapsed or refractory multiple myeloma (RRMM) have been previously treated with combination therapies including lenalidomide (LEN) and proteasome inhibitors (PIs) in the front-line setting^{1,2}
- There is no clear standard of care for patients with RRMM following treatment with LEN and a PI²
- Thus, there is a need to understand treatment patterns and clinical outcomes in real-world settings to optimize treatment strategies for this patient population

Results

PATIENTS AND PRIOR TREATMENT

- A total of 1834 patients were included in this analysis and baseline characteristics are summarized in **Table 1**. In summary for the full basecaMMp population³:
 - Median age was 73 years
 - Patients had previously received a median of 2 prior LOTs
 - Approximately one third of patients (30%) were double refractory with nearly half (48%) refractory to LEN and one third (36%) refractory to a PI
- Table 1** also presents the baseline characteristics for the LEN refractory population

Table 1. Demographics and baseline characteristics		
	Full basecaMMp population N=1834	LEN-refractory population n=874
Age, median (min-max), years	73 (22-96)	73 (29-96)
Prior LOT, median (min-max)	2 (1-3)	3 (1-3)
Prior LOTs, n (%)		
1L	370 (20.17)	48 (5.49)
2L	1280 (69.79)	714 (81.69)
3L	184 (10.03)	112 (12.81)
Prior therapy, n (%)		
LEN	1834 (100)	874 (100)
Anti-CD38 mAb	78 (4.25)	25 (2.86)
Proteasome inhibitor	1834 (100)	874 (100)
Selinexor	0	0
Exposure status, n (%)		
Double-class ^a	1834 (100)	874 (100)
Triple-class ^b	78 (4.25)	25 (2.86)
Quad-class ^c	30 (1.64)	8 (0.92)
Penta-drug ^d	0	0
Refractory status, n (%)		
Lenalidomide	874 (47.66)	874 (100)
Anti-CD38 mAb	0	0
Proteasome inhibitor	668 (36.42)	556 (63.62)
Double-class ^a	557 (30.37)	556 (63.62)
Triple-class ^b	0	0
Penta-drug ^d	0	0
Cytogenetic risk, n (%)		
Standard	316 (17.23)	93 (10.64)
High ^e	208 (11.34)	83 (9.50)
Unknown	1310 (71.43)	698 (79.86)
ECOG PS, n (%)		
0	193 (10.52)	80 (9.15)
1	850 (46.35)	391 (44.74)
2	791 (43.13)	403 (46.11)
ISS/R-ISS, n (%)		
I	42 (2.29)	7 (0.80)
II	968 (52.78)	542 (62.01)
III	567 (30.92)	239 (27.35)
Unknown	257 (14.01)	86 (9.84)

Note: refractoriness is based on documentation of relapsed/refractory status of entire line if patient has progressed to the next (ie, LEN-refractory = refractory to a prior line where lenalidomide was used as part of any therapeutic measure)

^a Double-class refers to ≥2 of the following classes: Proteasome inhibitor, Immunomodulatory drug and anti-CD38 antibody; ^b Triple-class refers to ≥1 proteasome inhibitor, ≥1 immunomodulatory drug, and ≥1 anti-CD38 antibody; ^c Quad-class refers to ≥2 proteasome inhibitor, ≥1 immunomodulatory drug, and ≥1 anti-CD38 antibody, or ≥1 proteasome inhibitor, ≥2 immunomodulatory drug, and ≥1 anti-CD38 antibody; ^d Penta-drug refers to ≥2 proteasome inhibitors, ≥2 immunomodulatory drugs and ≥1 anti-CD38 antibody; ^e Includes t(4;14), t(14;16), and del(17p) chromosomal abnormalities

ECOG PS=Eastern Cooperative Oncology Group performance status; ISS=International Staging System; LEN=lenalidomide; LOT=line of therapy; mAb=monoclonal antibody; R-ISS=Revised ISS

Methods

- We analysed data from the Therapy Monitor Multiple Myeloma (TM MM) (Germany) electronic health record database. Patients who had received prior LEN and a PI with 1-3 prior LOTs were included if they initiated their next therapy (index therapy) between May 2016 and December 2023
- To align with most ongoing randomized-controlled trials (RCTs) in this population, patients with an ECOG performance status >2 were excluded, among other criteria. Patient characteristics, number of prior LOTs, and treatment regimens were analyzed

INDEX TREATMENTS

- Index treatment regimens (first treatment after patient had been exposed to LEN and a PI within 1-3 LOTs) were heterogenous (**Table 2**)
- The most common regimen in each source was used by <25% of patients
 - Full basecaMMp population: daratumumab + bortezomib + dexamethasone (19.85%)
 - LEN-refractory population: daratumumab + bortezomib + dexamethasone (24.83%)
- The 3 most common regimens were collectively used by <50% of patients in the full population and <56% in the LEN-refractory subpopulation

Table 2. Index treatment regimens				
Top 5 most used regimens at index, n (%)				
		Full basecaMMp population N=1834		LEN-refractory population n=874
1	DVd	364 (19.85)	DVd	217 (24.83)
2	Pd	270 (14.72)	Pd	161 (18.42)
3	D mono	202 (11.01)	Kd	108 (12.36)
4	DRd	181 (9.87)	DRd	70 (8.01)
5	Kd	150 (8.18)	D mono	52 (5.95)
Top 5 most used regimens after index (subsequent therapy), n (%)				
		Full basecaMMp population n=1063		LEN refractory population n=593
1				
2	D mono	131 (12.32)	Pd	72 (12.14)
3	Pd	126 (11.85)	D mono	71 (11.97)
4	IxaRd	113 (10.63)	IxaRd	71 (11.97)
5	EPd	91 (8.56)	EPd	53 (8.94)
	ERd	88 (8.28)	IsaPd	41 (6.91)

Pd=pomalidomide, dexamethasone; EPd=relotuzumab, pomalidomide, dexamethasone; DVd=daratumumab, bortezomib, dexamethasone; Kd=carfilzomib, dexamethasone; ERd=relotuzumab, lenalidomide, dexamethasone; IxaRd=ixazomib, lenalidomide and dexamethasone; DRd= daratumumab, lenalidomide and dexamethasone; D mono=daratumumab monotherapy; IsaPd=isatuximab, pomalidomide and dexamethasone

EFFICACY

- Median (95% CI) PFS was 12.68 (12.22 - 13.14) and 11.30 (10.28 - 12.09) months for the full basecaMMp population and the LEN refractory population, respectively. Median OS was 37.09 (34.17 - 40.71) and 34.33 (31.11 - 41.03) months

Table 3. Survival outcomes		
	Full basecaMMp population n=1063	LEN-refractory population n=593
PFS, median (95% CI), months	12.68 (12.22 - 13.14)	11.30 (10.28 - 12.09)
OS, median (95% CI), months	37.09 (34.17 - 40.71)	34.33 (31.11 - 41.03)

LEN=lenalidomide; OS=overall survival; PFS=progression-free survival

- Kaplan-Meier curves were calculated for progression-free survival (PFS) and overall survival (OS). In the dataset, biochemical progression was not available; therefore, PFS was defined as time from index to death or start of a new LOT
- Analyses were also undertaken for the subpopulation of patients who were refractory to LEN

Figure 1. Progression-free survival

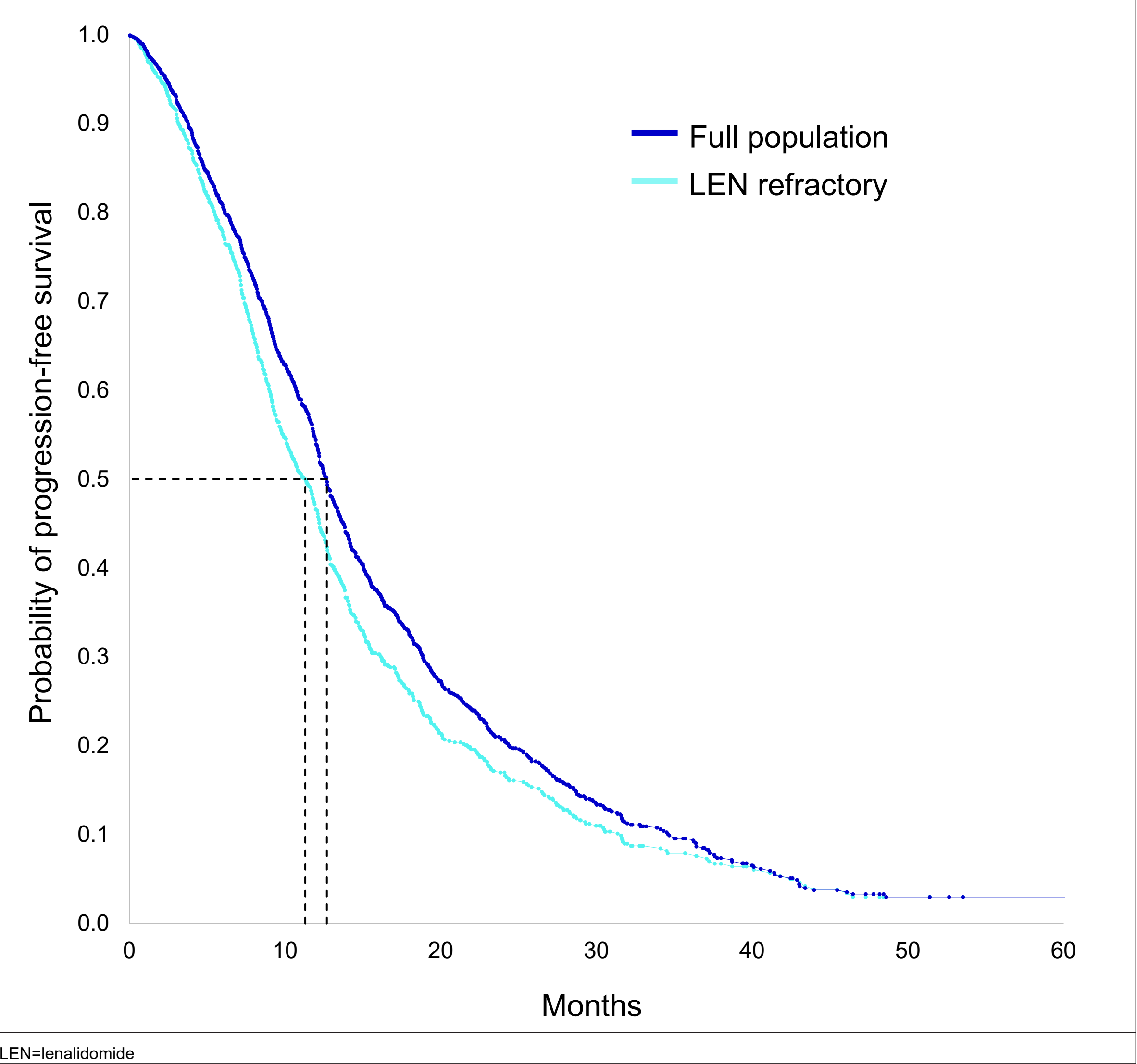


Figure 2. Overall survival

