

Time Course of Rimegepant Efficacy for the Acute Treatment of Migraine in Adults Living in China or South Korea

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BACKGROUND

- Consistent and sustained efficacy is important for the acute treatment of migraine.¹⁻³
- Patients want complete and sustained freedom from pain and migraine-related symptoms, especially the most bothersome symptom (MBS), and their ability to function restored, with no recurrence and minimal need for repeat dosing or rescue medication.
- Patients with migraine may have insufficient efficacy from or tolerability to triptans.^{3,4}
- Rimegepant is an orally administered small-molecule calcitonin gene-related peptide receptor antagonist that is effective for the acute^{5,6} and preventive⁷ treatment of migraine, with or without aura, in adults.
 - A phase 3 trial demonstrated the efficacy of rimegepant for the acute treatment of migraine in adults living in China or South Korea.⁸

OBJECTIVE

- These analyses assessed the time course of efficacy of rimegepant through 48 h after dosing for the acute treatment of migraine in adults living in China or South Korea.

METHODS

STUDY DESIGN

- Data were from a phase 3, double-blind study (NCT04574362) conducted in China and South Korea of single-dose rimegepant 75 mg or placebo for the acute treatment of migraine.⁸
- Eligibility criteria included aged ≥18 years with ≥1-year history of migraine⁹ (with or without aura) and 2–8 migraine attacks per month of moderate or severe pain intensity.
- Participants treated 1 migraine attack of moderate or severe pain intensity with a single oral dose of rimegepant 75 mg or placebo.

EFFICACY ASSESSMENTS

- At migraine onset (before dosing) and at 15 min, 30 min, 45 min, 1 h, 1.5 h, 2 h, 3 h, 4 h, 6 h, 8 h, 24 h, and 48 h post dose, participants rated:
 - Pain intensity (none, mild, moderate, or severe).
 - MBS (presence or absence of nausea, phonophobia, or photophobia).
 - Functional disability (normal, mild, severe, or requires bedrest).

- At each timepoint post dose:
 - Freedom from pain was assessed as the proportion of participants with pain intensity = none.
 - Freedom from MBS was assessed as the proportion of participants with an absence of their MBS.
 - Pain relief was assessed as the proportion of participants with pain intensity = none or mild.
 - Return to normal function was assessed in the subset of participants with any level of functional disability at time of dosing.

STATISTICAL ANALYSES

- Analyses were conducted in the modified intent-to-treat population, comprising those participants who were randomized and took study medication, who had a migraine of moderate or severe intensity at the time of treatment, and provided ≥1 post-treatment efficacy data point.
- Freedom from pain and freedom from MBS at 2 h post dose were co-primary endpoints.
- Pain relief and return to normal function at 2 h post dose were key secondary endpoints and were adjusted using the Hochberg procedure.
- Except for 2 h, all other timepoints were secondary or exploratory endpoints, unadjusted, with nominal P values.
- Failure to report MBS at study migraine onset imputed as failure for MBS analyses.
- Missing data at, or rescue medication use prior to, specified timepoint imputed as failure.
- Common risk differences and associated 95% CI were calculated from Mantel–Haenszel tests, stratified by preventive medication use and country.
- P values were calculated using Cochran–Mantel–Haenszel tests stratified by preventive medication use and country.

RESULTS

- Overall, 1340 participants (rimegepant n=666; placebo n=674) were included in the analyses; 80.1% were from China and 19.9% from South Korea (**Table 1**).
- Mean age was 37.8 years, 81.2% of participants were female, and for 89.7% the primary migraine type was without aura.

- The benefits of rimegepant over placebo were first evident at
 - 90 min post dose for freedom from pain (nominal P=0.0012).
 - 45 min post dose for freedom from MBS (nominal P=0.0421).
 - 45 min post dose for pain relief (nominal P=0.0006).
 - 60 min post dose for return to normal function (nominal P=0.0023).
- The benefits of rimegepant over placebo were evident at all subsequent time points through 48 h post dose, including freedom from pain (**Figure 1**), freedom from MBS (**Figure 2**), pain relief (**Figure 3**), and return to normal function (**Figure 4**).

Table 1: Demographics and clinical characteristics		
	Rimegepant n=666	Placebo n=674
Age, mean (SD), y	37.8 (10.15)	37.7 (10.70)
Gender, n (%)		
Female	525 (78.8)	563 (83.5)
Male	141 (21.2)	111 (16.5)
Country, n (%)		
China	537 (80.6)	537 (79.7)
South Korea	129 (19.4)	137 (20.3)
BMI, mean (SD), kg/m ²	23.00 (3.578) ^a	22.99 (3.399)
Migraine history, n (%)		
Primary migraine type		
Without aura	596 (89.5)	606 (89.9)
With aura	70 (10.5)	68 (10.1)
Number of moderate or severe attacks/mo		
Mean (SD)	3.66 (1.406)	3.62 (1.382)
Median (minimum, maximum)	3.30 (2.0, 8.0)	3.30 (2.0, 8.0)
Average duration of attack untreated, h		
Mean (SD)	19.76 (15.587)	20.28 (15.492)
Median (minimum, maximum)	12.50 (4.0, 72.0)	16.00 (3.5, 72.0)
Historical/typical MBS, n (%)		
Nausea	362 (54.4)	367 (54.5)
Phonophobia	179 (26.9)	175 (26.0)
Photophobia	125 (18.8)	131 (19.4)
Missing	0	1 (0.1)

Modified intent-to-treat population.
^a n=665.
BMI=body mass index; MBS=most bothersome symptom

Figure 1: Participants with freedom from pain through 48 h post dose

